Sumita R. Mehta, MD

Education & Training:

Dr. Mehta is board-certified in Internal Medicine and Gastroenterology by the American Board of Internal Medicine and Gastroenterology.

Dr. Mehta completed her undergraduate education at McGill University, earning a Bachelor of Science in Physiology and earned her medical degree at St. George's University School of Medicine. She completed her Internship and Residency in Internal Medicine at Sound Shore Medical Center, in New Rochelle, NY and completed her fellowship in Gastroenterology and Hepatology from New York Medical College (Westchester Medical Center) in Valhalla, NY.



Experience:

She has been working as a Telehealth Gastroenterologist with Avera since October 2019. Prior to joining Avera, Dr. Mehta was a hospital employed Gastroenterologist with HAN/Crozer Chester Medical Center, covering hospitals in Chester, PA and Drexel Hill, PA. She has also worked in private practice with Gastroenterology Associates of York, seeing patients in the private office and at WellSpan York Hospital and Memorial Hospital in York, PA.

About Me:

When not working, I enjoy spending time with my family, my husband and our three boys. We enjoy traveling, trying new foods and being outdoors: hiking, biking, and playing soccer or tennis. I am an avid runner and have recently discovered Pilates.

