

Contact Avel eCare to Activate Services for a person in crisis today: Call 844-250-7302

#### Monthly Metrics Crisis Care Disposition Statistics (Last 30 Days):

- 72% recommended to stay in place
- **21%** voluntarily agreed to admission
- **7%** involuntary holds recommended

#### **Badge for Impact**

Brookings County activated Avel for a person experiencing a crisis. This individual was reporting suicidal thoughts and was reaching out for help. Avel was able to develop a safety plan with that individual and connect to outpatient care. Thank you, Brookings County, for partnering with us to care for this individual!

## **Camera Check**

Have you done a camera check this month? Contact Avel today to do a test call with our team! Please call: 844-250-7302.

# Crisis Care: Bring Your Own Device (BYOD)

Have you been activated to a person experiencing a mental health crisis, but forgot the iPad?

No iPad? No problem! Activate Avel by contacting 844-250-7302 and request we contact you via a personal device, referred to as a "BYOD" session. A link will be sent to the individual's personal device to support them during crisis.

We will then connect with the individual to perform a confidential assessment!

### **Caring for Law Enforcement**

- Did you know that approximately 19% of police officers suffer from Post Traumatic Stress Disorder (PTSD)?
- Symptoms of PTSD may include:
  - Feeling on edge or easily startled
  - o Increase in relationship problems
  - Feeling disconnected from people
  - o Difficulty expressing or talking about feelings
  - o Increase in alcohol use
  - Panic like symptoms: Heart beating faster, sweating
  - People close to you commenting "you're not yourself"
  - Reacting in ways that are not characteristic of you
- If you or someone you know is experiencing these symptoms, please reach out for help today!
  - Contact Avel's CISD team by reaching out to your account executive to schedule a group Critical Incident Stress Debriefing Session.
  - Contact your Account Executive to talk individually to a member of the CISD team.
- You do not have to struggle in silence, there is help available.