



Contact Avel eCare to Activate
Services for a person in crisis today:
Call 844-250-7302

Monthly Metrics

Crisis Care Disposition Statistics (Last 30 Days):

- **66%** recommended to stay in place
- **22%** voluntarily agreed to admission
- **12%** involuntary holds recommended

Badge for Impact Valley City Police Department in North Dakota activated for an individual in crisis in their community. The individual was unpredictable at the time and was out of control. The individual was deescalated, a safety plan was developed and the individual was able to remain in place. This is a great example of Avel's services being available for individuals who need support in de-escalation but may not be suicidal at the time. Well done Valley City!

Camera Check

Have you completed a camera check this month? Avel completed a patch to the network to improve service in more rural areas. Contact Avel today to do a test call with our team!
Please call: 844-250-7302.

Crisis Care Question:

What happens if I forgot my iPad or the individual is in crisis in a location with no wireless service?

Avel's Crisis Care Program aims to connect you to an experienced psychiatric nurse via audio and visual. However, if Law Enforcement is with an individual in crisis and no video equipment is available, eCare will support the individual and law enforcement by phone if needed.

Caring for Law Enforcement

- What is Anxiety? Anxiety is a feeling of fear, dread, or uneasiness. It is a normal reaction to stress. However for some people, anxiety can be a mental health problem if it begins to impact your ability to live your life as fully as you want to.
- Symptoms of Anxiety may include:
 - Excessive anxiety and worry
 - Fatigue
 - Restlessness
 - Increased muscle aches or soreness
 - Impaired concentration
 - Irritability
 - Difficulty Sleeping
- If you or someone you know is experiencing these symptoms, please reach out for help today! Contact Avel's One Call activation number to be connected to Copline or contact your Account Executive to talk individually to a member of the CISD team. You do not have to struggle in silence, there is help available.

Shared Experience: We know from research the importance for law enforcement to learn about mental health skills from other members of law enforcement. What have you learned to support your mental wellbeing during your law enforcement career? Do you have a resource or coping skill, you use that helps you do what you do, everyday? If you are willing to share with others, please let us know! Your information can be kept anonymous.