



Contact AveleCare to Activate Services for a person in crisis today:
Call 844-250-7302

Monthly Metrics

Crisis Care Disposition Statistics (Last 30 Days):

- **71%** recommended to stay in place
- **25%** voluntarily agreed to admission
- **4%** involuntary holds recommended

Camera Check

Have you completed a camera check this month? Contact Avele today to do a test call with our team!

Please call: 844-250-7302. **You cannot only open the app, you need to call to activate service.**

How do I contact Avele?

Call 1-844-250-7302. Save this number by scanning the QR Code below! Please note Avele is a co-responder model so law enforcement does need to be with the individual in crisis when activating Avele.



Crisis Care Questions:

We onboarded a new officer, how can they be trained in crisis care? Contact your Account Executive Today and they will connect you with trainers.

I am CIT Trained, do you have any training courses I could use for my training? With approval with your state or local agency, you can use information on AVELearn. Email education@avelecare.com today to get access to free education! This may also be an option if you have state requirements for education in mental health.

Caring for Law Enforcement: Self-Talk

Self-Talk is the inner dialog we carry on within ourselves. At times this self-talk is positive and can be referred to a “coach” and at times this self-talk can be negative and can be referred to as the “critic”.

Here are example situations you may experience in law enforcement and you can see the difference between the critic vs the coach.

Situation	Critic	Coach
Joe made a mistake.	“I always make mistakes.”	“I made a mistake and we all make mistakes.”
Joe had a difficult day at work.	“Today was tough and you should be stronger than to let it bother you.”	“Today was tough and it is okay that I feel upset about what I went through.”
Joe experienced a traumatic event and is thinking about asking for CISD session.	“I signed up for this job, I need to handle it on my own.”	“It is okay to ask for help and it may help my colleagues too.”

If you are finding you are hearing more of a “Critic” vs a “Coach”, this may be a great time to reach out for help. Avele wants to help support. Reach out to your account executive to schedule a time for individual support to get you connected to service or a group CISD session today!