

When to Contact Crisis Care

Contact Avel eCare Crisis Care for an emergent assessment when an individual meets one or more of the below reasonable causes:

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| <ul style="list-style-type: none">• Individual is psychotic with suicidal or homicidal thoughts:<ul style="list-style-type: none">○ Delusional○ Hallucination○ Drug Induced Psychosis○ Off Medications○ Unable to complete daily tasks |
| <ul style="list-style-type: none">• Suicidal Statements:<ul style="list-style-type: none">○ Current natural disaster or event (Covid-19 Pandemic)○ Domestic dispute, or breakup with significant other○ Statements or comments posted on social media: i.e. texting, emails, Facebook, Snapchat, etc.○ Traumatic event○ Losing employment○ Death of a friend, family member, pet, or celebrity○ Comments to friend, family, teacher, boss, coworker, medical provider○ Holiday events: i.e. Christmas, Anniversary○ From adolescent (<18 yo) |
| <ul style="list-style-type: none">• Individual is under the influence:<ul style="list-style-type: none">○ (PBT) Portable Breath Test completed, if available○ Can answer questions to develop safety plan |

Contact local resources for medical care, counseling or therapy if an individual meets the following criteria:

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| <ul style="list-style-type: none">• Individual needs on-demand counseling or individual therapy• Medically unstable individual has attempted self-harm: i.e. Deep cutting, overdose, and needs immediate medical attention at local Emergency Department• Intoxicated with no mental health crisis |
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