

**School:**  
**Emergency Plan: Asthma**  
**School Year:**

Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_  
 Contact: \_\_\_\_\_ Grade: \_\_\_\_\_  
 Student Specific Emergency/Diagnosis: **Asthma**

**Inhaler should be sent on all field trips.**

If you see this	Do this
<b>INHALER KEPT IN</b>	
1. Student states it is difficult to breathe 2. Breathing fast 3. Wheezing 4. Frequent harsh, tight cough 5. Long exhalation 6. Chest pain or tightness  Student Triggers:	1. If student carries their inhaler allow them to use it in the classroom, send to office if symptoms do not improve. 2. If inhaler is kept in the office, send to office with another student. 3. Call enurse 4. Enurse will assist with: <ul style="list-style-type: none"> <li>• Assessment</li> <li>• Inhaler use</li> <li>• Slow, deep breathing</li> <li>• Sips of warm water</li> <li>• Relaxation</li> <li>• Further intervention as needed</li> </ul>
1. Breathing turns slow or very shallow or gasping 2. Extreme paleness or blue color around mouth 3. Lethargic	1. Call 911 2. Call enurse 3. Call Parent 4. If becomes unresponsive, see below
<b>1. If Unresponsive</b>	1. Begin CPR 2. Call 911 3. Get AED 4. Call enurse